Anchorage School District

2017-18 High School Athletic/Activity Participation Form

A new form is required for each sport/activity. COMPLETE THE FOLLOWING:

LAST NAME FIRST NAME	MIDDLE NAME M/F GRADE BIRTH DATE
ADDRESS	CITY STATE ZIP
	YesNo
SPORT OR ACTIVITY CURRENT HIGH SCHOOL	ATTENDED OTHER HIGH SCHOOLS? ASD STUDENT ID #
STORT OR ACTIVITY CORRENT HIGH SCHOOL	ATTENDED OTHER HIGH SCHOOLS: ASD STODENT ID #
DADENT CHADDIAN NAME WORK DUON	NE # EMERGENCY CONTACT # CELL PHONE #
PARENT/GUARDIAN NAME WORK PHON	NE # EMERGENCI CONTACT # CELL PHONE #
PARENT/GUARDIAN NAME WORK PHON	NE # EMERGENCY CONTACT # CELL PHONE #
THIS SECTION TO BE COMPLETED BY ACTIVITY OFFICE. PLEASE DO NOT WRITE IN THIS SPACE.	
L L L L L L L L L L	edits Earned Classes Passed/Enrolled TAD Fee Checked By
Tractice Englosity Date Scinester G111 Quarter G111 City	Antis Larined Glasses Lassed/Enfoned The Greeked by
	Baseline Fee 🔲 Baseline Test 🔲 Concussion Fact Sheet 🔲 Parent Acknowledgement
Current ASD High School Attending	
Release of Liability, Waiver of Claims, Assumption of Risks, and Indemnity Agreement	
This agreement affects your legal rights and responsibilities. Please read it carefully before you sign it. Please consult an attorney if you have any questions	
about anything contained in this agreement.	, , , , , , , , , , , , , , , , , , , ,
In consideration for the opportunity to participate in ASD activities, it is the	purpose of this agreement to waive claims and release the Anchorage School District
and others from all liability for personal injury, property damage, and wrongf	ul death, including if caused by the Anchorage School District or other persons.
ers, as well as all other persons or entities acting in any capacity on the District,	its board members, administrators, teachers, coaches, employees, agents, and insur-
Parent/Guardian please review and initial each paragraph:	is behalf (together felefied to as the ASD).
I have read the ASD and/or site activity guidelines and understand their	I understand that ASD will <u>not</u> assume responsibility for injuries,
contents. I have read and understand the eligibility requirements and	death and damages sustained in connection with the activities.
code of conduct for the activity in which the student will participate,	By signing below, I acknowledge that the participant and I are
including training rules required of students participating in ASD activ	ULTIMATELY RESPONSIBLE for my/his/her own safety during
ties. I understand the coach may add specific rules and regulations for	the participation in ASD activities, including the use of facilities and
the activity that he/she supervises. I understand and recognize the impo tance of the participant following the ASD's rules and the coach's instru	1 1
tions regarding playing techniques, training, and other team rules.	I expressly agree and promise to accept and assume an the risks to mysen
I understand that the coaches and other employees seek safety, but	and/or the participant associated with the ASD activity I understand that primary accident insurance coverage is my responsibil-
are not infallible. Possible errors include, but are not limited to, being	ity. If the participant is a non-ASD alternative education program/home
ignorant of a participant's abilities, failing to give adequate warnings or	school student, I further understand that ASD secondary accident insur-
instructions and negligence generally associated with the activity.	ance will not cover the participant.
I understand that all extra-curricular activities have a certain degree of	I give my consent to emergency treatment, hospitalization, or other
risk, including known and unknown risks. I understand that many of these risks are essential to the activity and, therefore, cannot be elimi-	medical treatment as may be necessary by emergency medical person-
nated. I understand that these risks include bodily injury ranging from	nel, hospitals, physicians and other medical providers, in the event of an
minor sprains and contusions, to major injuries including concussion,	injury or illness. I authorize the school to transport the participant to and from ASD
spinal injuries, disfigurement, and injuries that may cause paralysis, ill-	activities via ASD approved transportation. I accept the responsibility to
ness, disease or even death, as well as psychological injury. I understand	pay the cost of transportation should the participant be sent home early
an injury may impair the participant's future ability to earn a living, to engage in business, social, and recreational activities, and to generally	from an out-of-town event as a result of their behavior.
enjoy life. I understand the following describes some but not all of the	I HEREBY VOLUNTARILY RELEASE, FOREVER DISCHARGE,
risks that may result in injury, death or property damage:	AND AGREE TO INDEMNIFY AND HOLD HARMLESS THE
Equipment failure	ASD FROM ANY AND ALL CLAIMS, DEMANDS, OR CAUSES OF ACTION, WHICH ARE IN ANY WAY CONNECTED WITH
 Failure to properly maintain equipment 	PARTICIPATION IN THESE ACTIVITIES, INCLUDING ANY
 Inadequate coach/instructor training or supervision 	SUCH CLAIMS WHICH ALLEGE NEGLIGENT ACTS OR
Failure to give adequate warnings or instruction	OMISSIONS OF ASD. I ACCEPT SOLE FINANCIAL AND
Failure by participants to follow instructions	LEGAL RESPONSIBILITY FOR THE NAMED STUDENT IN THE EVENT OF INJURY OR ILLNESS AND AGREE TO
Participant's exceeding their skills or physical condition	IN THE EVENT OF INJURIES TO MY CHILD ARISING
Vehicular accidents	OUT OF THE ASD ACTIVITY. I ACCEPT SOLE FINANCIAL
The participant's own negligence and the negligence of others	AND LEGAL RESPONSIBILITY FOR THE NAMED STUDENT
Dehydration, exhaustion, cramps, hypothermia and fatigue	FOR PROPERTY DAMAGE, LOST EQUIPMENT, AND/OR
• Collisions with other participants, equipment and other objects	DISCIPLINARY SANCTIONS.
 Collisions with the ground and floors Adverse weather conditions 	By signing this document, I acknowledge that if anyone is hurt or killed or property is damaged during the participant's participation
	in the ASD activity, I may be found by a court of law to have waived
 Unavailability of immediate medical care I agree that participation in the activity is VOLUNTARY and based on 	my right to maintain a lawsuit against ASD on the basis of any claim
my independent assessment of the risks involved.	from which I have released them herein.
Having read the above and having understood the dangers and potential risks involved in playing or practicing the above activities, I give my consent as the par-	
ent/legal guardian of the participant, (student's name), to participate in the above-named activity.	
I HAVE HAD SUFFICIENT OPPORTUNITY TO READ THIS ENTIRE DOCUMENT. I HAVE READ AND UNDERSTOOD IT, AND I AGREE TO	
BE BOUND BY ITS TERMS.	
Student Signature	Parent/Guardian Signature Date
-	

HIGH SCHOOL STUDENT ELIGIBILITY REQUIREMENTS

Participation in high school athletics is a privilege. All students are expected to comply with local, state, and federal laws and the rules and regulations of the Anchorage School District. Students will be subject to denial of the ability to participate if they do not meet eligibility requirements, engage in behavior that is detrimental to the well being of the team or school, are in violation of the tobacco rule, are in violation of the drug and alcohol rule, or commit criminal acts as defined in the ASD Statement of Student Rights and Responsibilities. In all cases the Superintendent or his designee retains the right to review and revise any disciplinary action.

A student is eligible to participate in the interscholastic activities of only one member school er year, except as provided under the Transfer/Residency Rule (Section 9 of ASAA Handbook). per year, except as provided under the Iranster/Residency rule (occupit) of the Example That school shall be considered the School of Eligibility. A student who is simultaneously enrolled at more than one member school and who wishes to be eligible to participate in the interscholastic activities of one of those schools, must designate that school as the School of Eligibility. The School of Eligibility must ensure that the student meets all eligibility requirements before being permitted to participate.

- A. To be eligible during a school semester for participation in interscholastic activities, a student
 - $1. \ \ Be\ properly\ registered\ in\ a\ 9\text{-}12\ high\ school\ program\ in\ the\ ASD, an\ ASD\ charter\ school,$
 - ASD alternative school or program.

 a. A student enrolling in an ASD charter school, alternative school or program during the first semester of ninth grade; and a student transferring from out-of-district who attends an ASD charter school, alternative school or program after the first semester of the ninth
 - grade, must designate a member school within the district as the School of Eligibility.

 b. The School of Eligibility of a student, other than a first semester freshman, who transfers to an ASD charter school, alternative school or program from another school within that district, will be the member school from which the student transferred.
 - c. A student who transfers without a bona fide change of residence of parents or guardians, is ineligible for Varsity, State Qualifying and State Championship interscholastic competition for one calendar year, from the date of first attendance in the new school. Students who live with coaches are ineligible. At schools with no sub-varsity teams, the student could ask for a waiver to participate on the varsity team during the regular season, but would not be able to participate at either conference or state tournaments.
 - 2. Have a qualifying G.P.A.:
 - a. All first semester freshmen are immediately eligible at the beginning of the school year. At the end of the 1st quarter, they must have a 2.0 GPA to remain eligible for the remainder of the semester.
 - b. Second-semester freshmen, all sophomores, all juniors, and all seniors must have an overall 2.0 GPA during the previous semester and end of first and third quarters. Students who do not meet the GPA portion of this requirement may regain eligibility during the current semester by achieving and maintaining an overall 2.0 GPA at the end of the quarter or semester using the grades earned during the nine-week grading period. c. Students who did not pass 5 classes the previous semester may regain eligibility by
 - retaking and completing the course failed prior to the next grading period. Grades are checked at the beginning of each fall sports season and at the end of each quarter/ semester. For purposes of this section, academic deficiencies may be made up through correspondence courses or summer school. (Correspondence courses must be completed and postmarked prior to the eligibility check. Athletes may begin participation once the final grade is posted.) Grades must be posted by the start of the first (Fall) sports season. The first (Fall) season begins the last Wednesday in July or the first Wednesday of August.
 - 3. Be enrolled in the required number of semester classes:
 - a. All freshmen, all sophomores, all juniors, as well as seniors who are not on track to graduate must be enrolled in a minimum of five (5) semester classes that lead to granting of credit toward graduation from the school district.
 - b. Seniors who are on track to graduate must be enrolled in a minimum of four (4) semester classes in the district. Seniors who have a minimum of 17.5 credits at the beginning of their senior year and who enroll in a minimum of four (4) semester classes the first semester will be eligible during the second semester as long as enrolled in a minimum of four (4) classes and enrolled in enough classes to graduate second semester.
 - c. For purposes of eligibility, "enrolled" means the student has registered and remains in an $\,$ approved course requiring regular attendance and/or coursework. College courses may be used to determine the number of courses for enrollment if: 1) the student is currently enrolled in the course, and 2) the course has been approved for ASD credit through Credit By Choice Program. The following units of credit do not qualify for purposes of determining eligibility: high school credit issued for middle school courses; the World Languages Incentive Credit; physical education waiver, and the credit by examination.
 - d. King Career Center courses will be counted as three(3) semester classes
- B. Student eligibility is checked on the first day of the fall sports season. Eligibility will be checked again, the second Monday of each subsequent quarter. Student's who were not eligible during a previous quarter/semester, may practice, but not play, after school on the last day of the quarter, pending the new findings of eligibility.
- Students who do not meet the eligibility rules of ASD and ASAA to participate in interscholastic activities due to academic deficiency may have the ability to practice with the team for the remainder of the quarter as long as all of the required paperwork is submitted to the Activities office. The student will be able to practice only, they will not be issued a uniform to play in a contest until the end of the next grading period. After the next grading period, eligibility may be regained.

IN ORDER TO PARTICIPATE:

- 1. A physician's clearance to play must be on file at the school. This clearance is good for one year but must not expire during the season of the sport in which the student is participating.
- 2. A High School Athletic Activity Participation form must be signed and on file, and participation guidelines must be acknowledged.
- 3. Students and parents must comply with the ASAA pre-particiaption guidelines.4. All records must be in order and forms must be on file in the Activity Office before the student is eligible to participate in any athletic programs.
- Students pay an activity fee per ASAA sport or apply for a fee waiver based on financial hardship through the school activity office.
- 6. a. All players must have ten (10) separate days of physical practice in the same sport activity prior to the first day of competition.
 - b. When a student is participating in a recognized high school sport activity that overlaps the beginning of another recognized sport season, the AASA Executive Director may waive up to five (5) practices
- c. If a student has completed the required practices but has not competed for whatever reason for less then two weeks, no additional practices are required before returning to competition with the concurrence of the coach. If a student misses between 2 and 4 weeks of practice and competition, 5 additional days of practice and the concurrence of the coach are required before returning to competition. If more than 4 weeks have been missed, the student must have ten (10) additional days of practice and concurrence of the coach before returning to competition.
 d. Member schools permitting a student to participate in interscholastic competition with-
- out meeting the practice requirements of this section will be considered to be using an ineligible player and will be subject to penalty under Article 12, Section 1 of the ASAA handbook.

e. ASAA prohibits students from competing as a member of a non-school comp. or junior hockey team beginning with the first day of high school practice until a school team has completed its season. The prohibition on competing on a non-school team will be lifted during Thanksgiving and winter break vacations. Although this rule does not restrict practice on a non-school team during the high school season, no student may participate in a high school game on a day in which he/she has participated in a "comp" practice.

Conditions of Student Participation

A. ELIGIBILITY RULES

- 1. Athletes must meet all eligibility requirements of the Anchorage School district and the Alaska State Activities Association (ASAA).
- 2. Violation of the eligibility rules shall result in denial of participation.

B. DENIAL OF PARTICIPATION

- 1. An athlete who is removed from a team for disciplinary reasons will not be eligible to practice or play another sport during the season of that sport
- 2. An athlete who is suspended out of school for any reason will not be eligible to practice or play any sport during the period of suspension. A suspension ends at midnight of the final day of the suspension.
- 3. Any sanction imposed under these Conditions of Participation is separate and distinct from any sanction which may be proposed for violation of any other school disciplinary requirement.
- 4. During an appeal process the student shall not participate in the group's activities until the appeal process is completed.
- C. DENIAL OF PARTICIPATION FROM TEAM ACTIVITIES FOR SPECIFIC CIRCUMSTANCES
 - 1. A student athlete who is truant for one or more classes, or who is in attendance for less than half of his or her scheduled classes during school day cannot practice or play on that day without principal permission. Students in violation will be suspended for two games on the first offense, removed from the team on the second offense.
 - 2. Equipment issued to an athlete is his/her responsibility for return or replacement. If the equipment is not returned, replaced or paid for, no letter shall be awarded nor shall the student be permitted to participate in any sport.
 - 3. Denial from participating with the team for a period of time to be determined by coach/ principal/and District administrators may result from the following:
 - a. Insubordination
 - b. Obscene gestures; swearing
 - c. Provocation
 - d. Fighting
 - e. Stealing/Theft
 - f. Hazing/Initiation
 - g. Other disciplinary situations which may arise
- With administrative approval, the coach may establish additional participation rules.
- D. The complete Tobacco, Alcohol and Controlled Substances (TAD) Polity follows.

Time period during which policy applies

The policy in this section applies to any student who is participating or has participated in interscholastic activities starting from the students' first participation in interscholastic activities, including formal practices which precede interscholastic competition after the initial signing of the Student/Parent/Legal Guardian (TAD) Acknowledgement Form, at any ASAA member school, and continuing until the student graduates from high school.

Students sanctioned under the TAD guidelines must complete ASAA education component before returning to play. Violations of this policy are cumulative and progressive throughout a student's high school years.

TOBACCO RULES-Violations of tobacco rules cumulative throughout school year. Students who violate the tobacco rules will be subject to the following sanctions:

- a. FIRST OFFENSE FOR POSSESSION OR USE Suspended from interscholastic activities and practices for 10 calendar days. Fifty percent of the suspension will be forgiven and the student may return to practice if the student and parent/guardian complete the First Offense educational component.
- b. SECOND OFFENSE FOR POSSESSION OR USE- Loss of practice and athletic participation for forty-five calendar days.
- Students who violate the tobacco rules while under school jurisdiction are subject to suspension in accordance with Anchorage School District regulations and cannot participate during the length of the suspension.

E. DRUG/ALCOHOL RULES-

The actual or attempted sale of, use of, possession of tobacco, alcohol, inhalants, illegal drugs, substances designed to look like illegal drugs, substances purported to be illegal drugs, or drug paraphernalia shall subject the athlete to loss of practice and athletic participation.

Under School Jurisdiction

Students who violate the drug/alcohol rules will be subject to:

- a. FIRST OFFENSE FOR POSSESSION OR USE Suspension in accordance with Anchorage School District Regulations. Loss of practice and athletic participation during the suspension. Fifty percent of the suspension from athletic participation will be forgiven and the student may return to practice if the student and parent/guardian complete the ASAA First Offense educational component.
- SECOND OFFENSE FOR POSSESSION OR USE, OR FIRST OFFENSE FOR SELLING, DISTRIBUTING, OR ATTEMPTING TO SELL - Suspension or alternative placement in accordance with Anchorage School District Regulations - Loss of practice and athletic participation during the suspension or alternative placement.

Not Under School Jurisdiction

Students who violate the drug/alcohol rules while not under school jurisdiction:

- a. FIRST OFFENSE FOR POSSESSION OR USE Loss of practice and athletic participation for ten calendar days. Fifty percent of the suspension from athletic participation will be forgiven and the student may return to practice if the student and parent/guard-
- ian complete the ASAA <u>First Offense</u> educational component.
 b. SECOND OFFENSE FOR POSSESSION OR USE, OR FIRST OFFENSE FOR SELLING, DISTRIBUTING, OR ATTEMPTING TO SELL - Loss of practice and athletic participation for a minimum of forty-five calendar days.
- THIRD OFFENSE FOR POSSESSION OR USE, OR SECOND OFFENSE FOR SELLING, DISTRIBUTING OR ATTEMPTING TO SELL - Loss of eligibility for $\ensuremath{\mathsf{E}}$ the duration of Anchorage School District attendance.

F. CRIMINAL ACTS

Students who commit criminal acts as defined in the ASD Statement of Student's Rights and Responsibilities will be removed from the team for the remainder of the season.

- 1. The school will conduct an investigation independent of the Police.
- 2. The student may appeal the finding of the investigation to the school principal.
- 3. The student shall not participate in the team's activities until the appeal process is completed.

This is not a complete list of all eligibility rules and regulations. If you have questions, please contact your activities principal.