



Anchorage School District
5th and 6th Grade
Human Growth and Development Permission Form



Parents or Guardians of 5th and 6th Grade Students:

The intent of this form is to gather permission, in advance, from parents who are already familiar with the ASD curriculum materials and methods of delivery or who otherwise have no objections to developmentally appropriate human growth and development content for 5th and 6th grade students.

Undecided parents can select to postpone their decisions until a later date.

Beginning in February/March and continuing through April, the Elementary Health curriculum, The Great Body Shop, will cover Human Growth and Development and Diseases. These units provide basic, relevant information about growing up, including the onset of puberty and the stages of growth. The meaning of friendship and mutual respect are examined. Emotional maturity is defined, decision-making steps for responsible behaviors are discussed, refusal skills for unhealthy and risky behaviors are reinforced, and the importance of setting goals focused on responsibility are emphasized. Our health program encourages your child to turn to **you** for further information.

The **5th grade** units are “Growing Up” and “About Blood and HIV.”

The **6th grades** units are “The Reproductive System” and “HIV/AIDS: What You Need to Know Now.”

Your child’s Health Specialist will offer a preview opportunity of the materials at your school prior to the beginning of instruction.

Student’s name _____ **Grade** _____

Teacher’s name _____

____ Yes. I give permission for my child to participate in the Human Growth & Development and HIV/AIDS portions of the health curriculum. I believe that I have enough information.

____ No, not at this time. I realize the Health Specialist will be in contact to discern if more information is needed or if I am resolute in my decision. I understand that more information will be forthcoming and that I can contact the Health Specialist if I have questions.

Parent Signature _____ **Date** _____