

ANCHORAGE SCHOOL DISTRICT
ANCHORAGE, ALASKA

ASD MEMORANDUM #28 (2004-2005)

August 23, 2004

TO: SCHOOL BOARD

FROM: OFFICE OF THE SUPERINTENDENT

SUBJECT: ACCEPTANCE OF GRANT AWARD: YWCA OF ANCHORAGE

RECOMMENDATION:

It is the Administration's recommendation that the School Board approve and authorize the Superintendent to accept a grant award from the YWCA of Anchorage (AYWCA) in the amount of \$6,513. This will enable the 21st Century Community Learning Center (CCLC) to partner with the AYWCA to implement the Girls on the Run Fitness Program during the 21st CCLC summer intensive program at all twelve elementary sites.

PERTINENT FACTS:

The collaboration between the 21st CCLC and the AYWCA programs will support projects for youth that promote fitness in a safe and fun manner, expand opportunities for disadvantaged youth to benefit from participation in physical fitness activities, and will promote individual and community health.

The AYWCA Girls on the Run Fitness curriculum will be provided during the 21st CCLC summer intensive program, August 23-27, 2004, targeting approximately 300 youth. Curriculum will include information on the five components of physical education and a section on stress and anti-tobacco activities. Related activities which address Alaska Department of Education and Early Development content Standards for Skills for a Healthy Lifestyle will be included.

The grant provides funds for added duty and benefits for the certified staff working in the summer program. The program will be coordinated through the 21st CCLC Program Manager.

Measurement of success

In addition to academic improvement, evaluation of 21st CCLC sites has shown

increased attendance and behavioral, and attitudinal improvements as the programs have grown and children have accrued more longevity in them. Sources of data and methods include student, teacher and parent surveys, focus groups, and school and project records. Goals of the AYWCA project address these areas:

- Enable students to identify and discuss the five components of physical fitness.
- Provide an opportunity for students to demonstrate respectful behavior for themselves and those around them.
- Extend student learning through collaboration with community partners.

Budget Summary:

Added Duty Certificated	5,424
Employee Benefits	<u>1,089</u>
TOTAL	\$6,513

CC/JC/BH

Prepared by: Bonnie Hardy, Manager, 21st Century Community Learning Centers

Approved by: Jan Christensen, Assistant Superintendent, Instruction