

WRESTLING WEIGHT CERTIFICATION

In accordance with ASAA rules, each wrestler is required to establish a certified minimum weight within sixty (60) calendar days prior to the first team competition and is prohibited from certifying at a lower weight during the season. After certification, a wrestler may not weigh-in more than one weight class above the certification without recertifying at a higher weight. A student weighing in more than one weight class above his/her minimum weight will be automatically recertified at the higher weight. A student beginning wrestling after the start of the season must have his/her weight determined before his/her first competition.

Student

Gender

M F

Date of birth

____/____/____

Grade

School

Weight class (circle one)

98 106 113 120 126 132 138 145 152 160 170 182 195 220 285

Medical Certification

I certify that I have examined the above named student. I have circled the minimum weight at which this student may wrestle.

Name of Medical Doctor, Physician's Assistant or Advanced Nurse Practitioner (circle which)

Signature

Date

____/____/____

Address

Phone

Parent/Guardian name (please print)

Parent/Guardian signature

Date

____/____/____

NOTE

DO NOTE SEND THIS WEIGHT CERTIFICATION FORM TO THE ASAA OFFICE, BUT KEEP ON FILE AT THE SCHOOL. YOU MUST INDICATE THE WEIGHT CERTIFICATION ON THE ELECTRONIC ELIGIBILITY REGISTRATION (EER) FORM BEFORE THE STUDENT WILL BE ELIGIBLE TO WRESTLE.

ALASKA SCHOOL ACTIVITIES ASSOCIATION, INC.

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