

# **Sand Lake Orff/Choir Rules & Permission Slip**

## **Overview:**

Sand Lake offers both a Choir and an Orff Ensemble. These are voluntary extracurricular music activities open to anyone in grades 3-6 who is interested in singing or playing Orff instruments in a group performance setting.

## **Where & When:**

Rehearsals are held in the music room (room 139). Orff will be held from 8:00am to 8:45am before school on Wednesday mornings beginning Sept. 7, 2011. Choir will be held from 8:00am to 8:45am before school on Thursday mornings beginning Sept. 8, 2011. We perform evening concerts at school, daytime school assemblies, Area Festivals, and in public community venues. Currently planned performance dates are attached, and more may occur if there is student interest, transportation, and chaperones available.

Concert dates are listed on the activities calendar on the school webpage. Concert dates will also be announced via letters home, Mrs. Nilsson's website, and in school newsletters.

## **Expectations:**

All ensemble members will be expected to perform with the group in concerts.

Choir members will be learning basics of singing technique, including breath control, vowel formation, blend, and voice care, and will be expected to memorize songs. Occasionally we may learn choreography and simple percussion accompaniment.

Orff ensemble members will be learning sticking techniques, instrument care, blend, and may be using more than one type of instrument. The material addressed may be slightly more advanced than the material introduced in general music class.

## **The Fine Print:**

Permission slips must be signed by the student and the parent, and students should return them no later than September 16th. Rehearsals will continue running weekly before school until the end of April. Rehearsals will not be held on vacation days, standardized testing days, any holiday excluded from activities by ASD policy, or any time school is delayed or canceled due to inclement weather. These cancellations will be noted on the school's online activities calendar. Students may only miss 3 rehearsals in order to remain a member of the group. Exceptions will be made for major medical emergencies.

### **Summary of Group Rules:**

Expectations for Choir/Orff members are as follows:

- Participants will attend rehearsals and perform with energy and enthusiasm.
- Rehearsals will follow school rules and consequences.
- Members will participate in all performances, including evening programs.
- Members will dress appropriately for performances (Sand Lake Music t-shirts and clean jeans), and behave well, because they are representing their school to the community of Anchorage.

### **Further Information:**

Feel free to contact me at 243-2161, ext. 8011 or at [nilsson\\_annie@asdk12.org](mailto:nilsson_annie@asdk12.org) if you have any questions or would like to volunteer to help with choir or orff activities.

Wishing you a “note”-worthy musical experience,

Annie Nilsson, Sand Lake Elementary Music

### **Currently Scheduled Dates:**

- \*November 16, 2011 Dimond Area Choir Festival, 7pm, Dimond HS Gym
- \*Dec. 12, 2011 Orff & Choir School Assemblies, 1:30pm & 2:30pm,  
Winter Concert for Orff & Choir, 7pm, Sand Lake MPR
- \*May 7th, 2012 Orff & Choir School Assemblies, 1:30pm & 2:30pm,  
Spring Concert for Orff & Choir, 7pm, Sand Lake MPR

### **District Honor Choir Dates (Open by Audition to Grades 5-6):**

- November 2, 2011 District Honor Choir Auditions @ Bowman, 4:30-6pm*
- November 3, 2011 District Honor Choir Auditions @ Begich, 4:30-6pm  
~District Honor Choir is open to 5th & 6th Graders Only*
- Jan. 5-Feb. 23, 2012 District Honor Choir Rehearsals, 4:15-5:45pm Thursdays  
@ Begich in Band Room*
- Feb. 29, 2012 District Honor Choir Dress Rehearsal 4:15-6pm in West  
High School Auditorium*
- March 1, 2012 Honor Concert 7pm, West High School Auditorium*

## Sand Lake Elementary Choir/Orff Parent Permission Form

My child, \_\_\_\_\_, who is in Mr./Ms. \_\_\_\_\_'s  
3rd/4th/5th/6th grade class, may join (please check all that apply):

\_\_\_\_\_ the Sand Lake Elementary Choir

\_\_\_\_\_ the Sand Lake Orff Ensemble.

He/she will attend rehearsals and performances, follow school and group rules, and dress and behave appropriately for performances. Mrs. Nilsson will be contacted by email at [Nilsson\\_Annie@asdk12.org](mailto:Nilsson_Annie@asdk12.org) if my student is ill or if a family emergency arises and the student is unable to attend a rehearsal or performance.

Parent signature \_\_\_\_\_

Student signature \_\_\_\_\_

Morning Emergency Contact #: \_\_\_\_\_

Evening Emergency Contact #:

email address for updates:

Evening phone for non-emergency information: \_\_\_\_\_

\_\_\_\_\_ My child has a Sand Lake Music shirt from last year that still fits.

\_\_\_\_\_ My child needs to order a Sand Lake Music shirt. (*Order form is on reverse. Please make checks payable to Sand Lake PTA.*)

# Choir & Orff T-Shirt Order Form

Logo shown much smaller than actual 9.25" x 9.5" size.



Student Name: \_\_\_\_\_

Please indicate the quantity of each size shirt you would like to order in the space provided:

Shirt Size	QTY	Cost Each	Line Total
Youth Medium	_____	\$10.00	_____
Youth Large	_____	\$10.00	_____
Adult Small	_____	\$10.00	_____
Adult Medium	_____	\$10.00	_____
Adult Large	_____	\$10.00	_____
Adult XL	_____	\$10.00	_____
Adult XXL	_____	\$12.00	_____

Total Due \_\_\_\_\_

Please make checks (preferred method of payment) payable to Sand Lake PTA and deliver to Mrs. Nilsson or the office "Attention Mrs. Nilsson" (ask them to put it in her mailbox) no later than Friday, September 16th by 3:30pm.

## Volunteer Opportunities

If the timing and fun-level were right, I might be interested in:

- Volunteering as a room parent during rehearsals. (Sometimes just having extra grown-ups around helps us stay on task. You can just hang out and watch. Or make music with us!)
- Xeroxing (we are always copying: programs, parent letters, lyrics, announcements...)
- Accompanying the choir on an instrument (I play: \_\_\_\_\_)
- Chaperoning a field trip
- Making an emergency phone tree (in case of school closure, etc.)
- Setting up for a concert
- Playing photographer for yearbook/end of year slide show submissions
- Making snacks for rehearsal (Must fit district's healthy food guidelines unless after 6pm...)
- Making treats to serve after a concert (Need not fit district's healthy food guidelines after 6pm...)
- Other: \_\_\_\_\_
- Something. Surprise me.

My name is: \_\_\_\_\_

Preferred contact method is: (phone/email/text/other) \_\_\_\_\_

A good time to reach me is: